

**SOUTH DAKOTA EARLY  
CHILDHOOD ENRICHMENT  
INFANT & TODDLER  
FOUNDATIONS FOR SOCIAL  
WELLNESS AND  
EMOTIONAL WELLNESS  
SERIES WORKBOOK**



# DISCLAIMER

By submitting the completed workbook for review with the associated online trainings, the SD Early Childhood Enrichment system will provide verification of completion to earn a series certificate. In order to satisfactorily complete the workbook and earn the series certificate, answers to the questions must be written in complete sentences and include reflective practices.

**Below is an example of acceptable answers.**

# EXAMPLE

**Question:**

What are some differences between a cat and a fish?

**Answer A-Meets expectations:**

A cat lives on land, usually has fur, and has four legs. A fish lives in water, moves with its fins, and has scales.

**Answer B- Does not meet expectations:**

Where they live.



# SIGNATURE PAGE

**Program name:** \_\_\_\_\_

**City of program:** \_\_\_\_\_

**Student Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Director Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Email:** \_\_\_\_\_

Workbook must be signed by the staff person and director prior to submission.

# ACCESS THE TRAINING

## Create Your Account

1. Navigate to [traininghouse.sdstate.edu](http://traininghouse.sdstate.edu)
2. In the upper right corner, click Log In or:
  - a. Click Non-SDSU users login here if you do not have an SDSU email account
    - i. Select create new account
    - ii. Fill out the required fields and select Create my new account
  - b. If you have an SDSU email account, click SDSU User Login
    - i. Fill in your firstname.lastname username and password and click login.
3. An email will be sent to the email address you listed. Check your email to find instructions to complete your new account registration. If you do not see the email, be sure to check your Spam or Junk email folder or the Other tab of your Outlook or Hotmail inbox.
  - a. If you do not receive an email, enter in the Username and Password you created and select Log in. A message will appear that you need to confirm your account. Click Resend confirmation email and search for the email again.

## Register for "ECE QRIS - Infant & Toddler Focused"

1. Navigate to [traininghouse.sdstate.edu](http://traininghouse.sdstate.edu)
2. Select either Non-SDSU users login here or SDSU User Login, depending on what account you created.
3. Fill in your username and password and Log in.
4. Use the search bar to find the course by typing "ECE QRIS-Infant Toddler Focused" Select the course under the search results.
5. Enter the Self enrollment key "QRIS" and click Enroll me

## Access the course

1. Navigate to [traininghouse.Sdstate.edu](http://traininghouse.Sdstate.edu)
2. Select either Non-SDSU users login here or SDSU User Login, depending on what account you created.
3. Fill in your username and password and Log in.
4. Scroll down to the list of available courses and select ECE QRIS - Infant & Toddler Focused.
5. Then select Infant & Toddler Foundations for Social Wellness and Emotional Wellness

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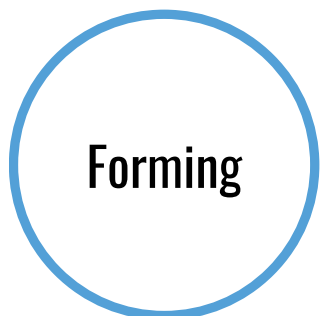
**CLASS 1: IMPORTANCE  
OF RELATIONSHIPS**



**SOUTH DAKOTA  
EARLY  
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ENRICHMENT**

# CLASS OBJECTIVES

Please fill in the class objectives provided in the video.



# NOTES

# REFLECTION 1

- How do you notice young children communicating? Please list at least 3 examples.



# REFLECTION 2

- **Imagine someone is taking pictures of your interactions with children throughout the day. What kinds of interactions would be captured?**
- **What strengths might be identified?**
- **How many moments of these types of interactions make up the day for the infants and toddlers in your care?**
- **How might you increase joyful interactions like these in your care setting?**
- **What is being captured in the picture? A child smiling, making eye contact, etc.**

# REFLECTION 3

- What are you observing in the video? Please list at least 2 observations.
  
  
  
  
  
  
  
  
  
  
- How do you think the caregiver feels?
  
  
  
  
  
  
  
  
  
  
- How do you think the infant feels?

# REFLECTION 4

- List 3 things that you can do to "fill/refill" relationship tanks.

# REFLECTION 5

• Reflect on benefits to the parent, child and the program when parent feels respected and valued.

## Possible Responses:

- Trust can be built
- Parent may be more likely to share which builds closer relationships
- Parent feels more self-confident
- Parent more likely to share uncertainties concerns and worries
- A parent may be more open to information on developing parent quality of care.

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**CLASS 2: CREATING  
SUPPORTIVE  
ENVIRONMENTS &  
ROUTINES**



# CLASS OBJECTIVES

Please fill in the class objectives provided in the video.



# NOTES

# REFLECTION 1

- **What materials in this environment support & encourage social and emotional needs of toddlers?**
- **Why do you think those materials support the emotional needs of toddlers?**
- **What materials in this environment support and encourage responsive care from adults?**
- **Why do you think those materials support and encourage peer relationships?**





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**CLASS 3: TEACHING  
STRATEGIES**



# CLASS OBJECTIVES

Please fill in the class objectives provided in the video.



**Define**



**Understand**



**Identify**

# NOTES



# REFLECTION 2

- How is this parent supporting the child's social emotional skills?



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**CLASS 4: CREATING  
SUPPORTIVE  
ENVIRONMENTS &  
ROUTINES**





# CLASS OBJECTIVES

Please fill in the class objectives provided in the video.



Identify



Explore

# NOTES



SOUTH DAKOTA  
**EARLY  
CHILDHOOD**  
ENRICHMENT

# REFLECTION 1A

- What might "acting out" behaviors look like?
- What might "withdraw" behaviors look like?
- What might be going on for Isaiah?

# REFLECTION 1B

- What might "acting out" behaviors look like?
  
  
  
  
  
  
  
  
  
  
- What might "withdraw" behaviors look like?
  
  
  
  
  
  
  
  
  
  
- What might be going on for David?

# REFLECTION 1C

- What might "acting out" behaviors look like?
- What might "withdraw" behaviors look like?
- What might be going on for Robert?

# REFLECTION 2

- **Have you had an experience with a child like Mason?**
- **What tools did your program use to assist the child and the family?**
- **Please list 3 tools you can use from the video to support future families?**