

**SOUTH DAKOTA EARLY  
CHILDHOOD ENRICHMENT  
INS & OUTS OF  
LESSON PLANNING  
SERIES WORKBOOK**



# DISCLAIMER

By submitting the completed workbook for review with the associated online trainings, the SD Early Childhood Enrichment system will provide verification of completion to earn a series certificate. In order to satisfactorily complete the workbook and earn the series certificate, answers to the questions must be written in complete sentences and include reflective practices.

**Below is an example of acceptable answers.**

# EXAMPLE

**Question:**

What are some differences between a cat and a fish?

**Answer A-Meets expectations:**

A cat lives on land, usually has fur, and has four legs. A fish lives in water, moves with its fins, and has scales.

**Answer B- Does not meet expectations:**

Where they live.



# SIGNATURE PAGE

Program name: \_\_\_\_\_

City of program: \_\_\_\_\_

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Email: \_\_\_\_\_

Director Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Email: \_\_\_\_\_

Workbook must be signed by the staff person and director prior to submission.

# ACCESS THE TRAINING

## Create Your Account

1. Navigate to [traininghouse.sdstate.edu](http://traininghouse.sdstate.edu)
2. In the upper right corner, click Log In or:
  - a. Click Non-SDSU users login here if you do not have an SDSU email account
    - i. Select create new account
    - ii. Fill out the required fields and select Create my new account
  - b. If you have an SDSU email account, click SDSU User Login
    - i. Fill in your `firstname.lastname` username and password and click login.
3. An email will be sent to the email address you listed. Check your email to find instructions to complete your new account registration. If you do not see the email, be sure to check your Spam or Junk email folder or the Other tab of your Outlook or Hotmail inbox.
  - a. If you do not receive an email, enter in the Username and Password you created and select Log in. A message will appear that you need to confirm your account. Click Resend confirmation email and search for the email again.

Continue with your desired ECE QRIS focused learning group; Preschool, Infant and Toddler, Family Day Care, or Management.

1. Navigate to [traininghouse.sdstate.edu](http://traininghouse.sdstate.edu)
2. Select either Non-SDSU users login here or SDSU User Login, depending on what account you created.
3. Fill in your username and password and Log in.
4. Use the search bar to find the course by typing the title of your focused learning group.
5. Enter the Self enrollment key "QRIS" and click Enroll me

## Access the course

1. Navigate to [traininghouse.Sdstate.edu](http://traininghouse.Sdstate.edu)
2. Select either Non-SDSU users login here or SDSU User Login, depending on what account you created.
3. Fill in your username and password and Log in.
4. Scroll down to the list of available courses and select your desired ECE QRIS focus learning group.
5. Then select Ins and Outs of Lesson Planning.

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**CLASS 1:  
LESSON PLAN BASICS**



# CLASS OBJECTIVES

Please fill in the class objectives provided in the video.



**Recognize**



**Describe**



**Identify**



**Review**

# NOTES



SOUTH DAKOTA  
**EARLY  
CHILDHOOD**  
ENRICHMENT

# REFLECTION 1

- Please list three reasons you think lesson plans are important for your program.



# REFLECTION 2

- What is the difference between a schedule and a lesson plan?



# REFLECTION 4

Think of a time you entered a caregiving situation with an incomplete written lesson plan or no plan at all.

- How did you feel?
- How could the activity been improved with more thorough planning?

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**CLASS 2:  
DEVELOPING & CREATING  
LESSON PLANNING**



# CLASS OBJECTIVES

Please fill in the class objectives provided in the video.



Review



Define



Recognize



Examine



Review

# NOTES

# REFLECTION 1

While looking at your lesson plan from last week, ask yourself if you have all the components discussed in Class One.

- Is there something about your current plan you don't like?
  - Do like?
- What do you like the most about your lesson plan?
- While carrying out your plan, did anything surprise you?
- Did it bring up more questions? If so, what were they?
- What parts of the lesson plan were easy for you?
- What parts of your lesson plan were challenging for you?
- What do you think you want to add to your lesson plan?

# REFLECTION 2

Create an activity idea for the following age groups.

- Birth-8 months
- 8-18 months
- 18-24 months
- 24 months-3 years



# REFLECTION 3A

- **What are some things you are currently doing to ensure that discussions are age appropriate?**

# REFLECTION 3B

- **What are three ways you have accounted for individual differences within a group of children you care for?**

# REFLECTION 4

- How will you measure the effectiveness of your lesson plan?

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**CLASS 3: USING CHILD  
INTERESTS, THEMES,  
AND PROJECTS**



# CLASS OBJECTIVES

Please fill in the class objectives provided in the video.



**Review**



**Recognize**



**Differentiate**



**Examine**



**Identify**

# NOTES

# REFLECTION 1

- **Situation: Where did it occur, time of the day, other background information**
- **Tell us what happened?**
- **What surprised you?**
- **What do you think the child is learning?**
- **Where is the child developmentally?**

# REFLECTION 1

- Skills they were succeeding in?
- Skills they need help with?
- What did you notice?
- Where will you go from here?
- What do you want to know about the child?





# REFLECTION 3

- What elements of a "theme" approach do you see?
- What elements of a "child interest" approach do you see?
- What developmental skills are being addressed in the experiences Kathy has planned?
- Did you see examples of hands on, minds on, sensory learning?
- What makes this experience worthwhile to the children?

# REFLECTION 4

- You notice many of the older babies are pulling themselves up and finding support for practicing their walking skills. What materials can you provide?

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**CLASS 4:  
PURPOSEFUL ACTIVITIES**



# CLASS OBJECTIVES

Please fill in the class objectives provided in the video.

Review

Participants

Participants

Participants

Participants

# NOTES



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# REFLECTION 2

- On a scale of 1 (low) to 10 (high), how do you rate your ability to use and create a lesson plan?
- What have you learned through this series?
- How will you face challenges in lesson planning?