

**SOUTH DAKOTA EARLY
CHILDHOOD ENRICHMENT
PRESCHOOL:
ENTRY LEVEL
SERIES WORKBOOK**



DISCLAIMER

By submitting the completed workbook for review with the associated online trainings, the SD Early Childhood Enrichment system will provide verification of completion to earn a series certificate. In order to satisfactorily complete the workbook and earn the series certificate, answers to the questions must be written in complete sentences and include reflective practices.

Below is an example of acceptable answers.

EXAMPLE

Question:

What are some differences between a cat and a fish?

Answer A-Meets expectations:

A cat lives on land, usually has fur, and has four legs. A fish lives in water, moves with its fins, and has scales.

Answer B- Does not meet expectations:

Where they live.



SIGNATURE PAGE

Program name: _____

City of program: _____

Student Signature: _____ **Date:** _____

Email: _____

Director Signature: _____ **Date:** _____

Email: _____

Workbook must be signed by the staff person and director prior to submission.



ACCESS THE TRAINING

Create Your Account

1. Navigate to traininghouse.sdstate.edu
2. In the upper right corner, click Log In or:
 - a. Click Non-SDSU users login here if you do not have an SDSU email account
 - i. Select create new account
 - ii. Fill out the required fields and select Create my new account
 - b. If you have an SDSU email account, click SDSU User Login
 - i. Fill in your firstname.lastname username and password and click login.
3. An email will be sent to the email address you listed. Check your email to find instructions to complete your new account registration. If you do not see the email, be sure to check your Spam or Junk email folder or the Other tab of your Outlook or Hotmail inbox.
 - a. If you do not receive an email, enter in the Username and Password you created and select Log in. A message will appear that you need to confirm your account. Click Resend confirmation email and search for the email again.

Register for the Preschool: Entry Level Series

1. Navigate to traininghouse.sdstate.edu
2. Select either Non-SDSU users login here or SDSU User Login, depending on what account you created.
3. Fill in your username and password and Log in.
4. Use the search bar to find the course by typing "ECE QRIS-Preschool Focused"
Select the course under the search results.
5. Enter the Self enrollment key "QRIS" and click Enroll me

Access the course

1. Navigate to traininghouse.sdstate.edu
2. Select either Non-SDSU users login here or SDSU User Login, depending on what account you created.
3. Fill in your username and password and Log in.
4. Scroll down to the list of available courses and select ECE QRIS-Preschool Focused.
5. Then select Preschool: Entry Level

**SOUTH DAKOTA EARLY
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SERIES**

**CLASS 1: CHILD GROWTH
AND DEVELOPMENT**



CLASS OBJECTIVES

Please fill in the class objectives provided in the video.

Identify

Examine

Recognize

Describe

Recognize

REFLECTION 1

Please give 3 examples of how you support children's large motor physical development daily?

- **Please give at least 3 examples of how you support fine motor development daily?**

REFLECTION 2

- What can you do as a caregiver to help children through the challenges of social and emotional development?

- Where are the opportunities in your day to strengthen cooperation and connection?

REFLECTION 3

- Please give at least 3 examples of what activities you do to support cognitive development.
- What activities, if any, have you wanted to try with the children in your care?

REFLECTION 4

- What are some ways you feel that you nurture relationships with the children in your care?

REFLECTION 5

- What type of learner do you identify with? Please explain.

- Why do you feel this is your style of learning?

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**CLASS 2: HEALTH
AND SAFETY**



CLASS OBJECTIVES

Please fill in the class objectives provided in the video.

Identify

Describe

Explain

Identify

Recognize

Describe

NOTES

REFLECTION 1

- What measures do you take to keep track of the children in your care? Please list 3.

- What works well when you are transitioning or at arrival/departure?

- What are the challenges for you during these times?

REFLECTION 3

- **What times of the day and for how long do children in your care get physical activity or raise their heart rate?**
- **What are the benefits of getting enough physical activity? What do you see after children are able to release their energy?**
- **What are the challenges of trying to get enough physical activity? Please list 3 challenges.**

REFLECTION 4

- Do you provide family-style meals?
 - If so, what is your favorite part? What are the benefits?
 - If not, how do meals work in your program? How can you increase pro-social behaviors (manners, turn taking, etc.) during this time?

REFLECTION 5

- How do you help children handle or cope with stress?

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**CLASS 3: BEHAVIOR
MANAGEMENT &
GUIDANCE**

CLASS OBJECTIVES

Please fill in the class objectives provided in the video.



Identify



Recognize



Identify



Plan



Examine

NOTES



SOUTH DAKOTA
**EARLY
CHILDHOOD**
ENRICHMENT

REFLECTION 3

- Do you have rules posted in your classroom? If so, which ones and how are they supported and discussed?
 - If not, why would classroom rules be important?
- How do you reinforce the classroom rules?
- What works well for you in establishing boundaries and limits?
- What hasn't worked and why?

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**CLASS 4: SOCIAL
INTERACTIONS &
LEARNING
ENVIRONMENTS**



CLASS OBJECTIVES

Please fill in the class objectives provided in the video.

Examine

Identify

Associate

Describe

Identify

REFLECTION 1

- **How does your program promote teamwork? Please list 5 examples. If you cannot come up with 5 examples, please list ideas on how they could promote teamwork.**

REFLECTION 2

- How do you practice the different parts of social skills? Please list at least 3.
- What are some areas you find easy to teach and why?
- What are some areas you may need support when teaching them? What does that support look like?

REFLECTION 3

- How do you feel about the balance of activity types in your schedule? Please explain.
- Where might you need to make some changes?
- What types of experiences do the children seem to enjoy the most? How can those be expanded?
- Why do you think these are the most popular and how do we elevate them?

REFLECTION 4

- **Does your classroom have any types of adaptive materials?**
 - **If so, when and how do you use them?**

- **If not, what materials and equipment could be added to further support children?**