

**SOUTH DAKOTA EARLY
CHILDHOOD ENRICHMENT
INFANT & TODDLER
FOUNDATIONS FOR SOCIAL
WELLNESS AND
EMOTIONAL WELLNESS
SERIES WORKBOOK**



DISCLAIMER

By submitting the completed workbook for review with the associated online trainings, the SD Early Childhood Enrichment system will provide verification of completion to earn a series certificate. In order to satisfactorily complete the workbook and earn the series certificate, answers to the questions must be written in complete sentences and include reflective practices.

Below is an example of acceptable answers.

EXAMPLE

Question:

What are some differences between a cat and a fish?

Answer A-Meets expectations:

A cat lives on land, usually has fur, and has four legs. A fish lives in water, moves with its fins, and has scales.

Answer B- Does not meet expectations:

Where they live.



SIGNATURE PAGE

Program name: _____

City of program: _____

Student Signature: _____ **Date:** _____

Email: _____

Director Signature: _____ **Date:** _____

Email: _____

Workbook must be signed by the staff person and director prior to submission.

ACCESS THE TRAINING

Create Your Account

1. Navigate to traininghouse.sdstate.edu
2. In the upper right corner, click Log In or:
 - a. Click Non-SDSU users login here if you do not have an SDSU email account
 - i. Select create new account
 - ii. Fill out the required fields and select Create my new account
 - b. If you have an SDSU email account, click SDSU User Login
 - i. Fill in your firstname.lastname username and password and click login.
3. An email will be sent to the email address you listed. Check your email to find instructions to complete your new account registration. If you do not see the email, be sure to check your Spam or Junk email folder or the Other tab of your Outlook or Hotmail inbox.
 - a. If you do not receive an email, enter in the Username and Password you created and select Log in. A message will appear that you need to confirm your account. Click Resend confirmation email and search for the email again.

Register for "ECE QRIS - Infant & Toddler Focused"

1. Navigate to traininghouse.sdstate.edu
2. Select either Non-SDSU users login here or SDSU User Login, depending on what account you created.
3. Fill in your username and password and Log in.
4. Use the search bar to find the course by typing "ECE QRIS-Infant Toddler Focused" Select the course under the search results.
5. Enter the Self enrollment key "QRIS" and click Enroll me

Access the course

1. Navigate to traininghouse.Sdstate.edu
2. Select either Non-SDSU users login here or SDSU User Login, depending on what account you created.
3. Fill in your username and password and Log in.
4. Scroll down to the list of available courses and select ECE QRIS - Infant & Toddler Focused.
5. Then select Infant & Toddler Foundations for Social Wellness and Emotional Wellness

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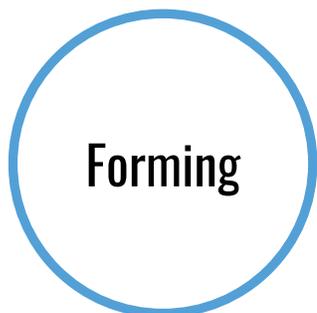
**CLASS 1: IMPORTANCE
OF RELATIONSHIPS**



**SOUTH DAKOTA
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CHILDHOOD
ENRICHMENT**

CLASS OBJECTIVES

Please fill in the class objectives provided in the video.



NOTES



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REFLECTION 1

- How do you notice young children communicating? Please list at least 3 examples.

REFLECTION 2

- **Imagine someone is taking pictures of your interactions with children throughout the day. What kinds of interactions would be captured?**
- **What strengths might be identified?**
- **How many moments of these types of interactions make up the day for the infants and toddlers in your care?**
- **How might you increase joyful interactions like these in your care setting?**
- **What is being captured in the picture? A child smiling, making eye contact, etc.**

REFLECTION 4

- List 3 things that you can do to "fill/refill" relationship tanks.

REFLECTION 5

• Reflect on benefits to the parent, child and the program when parent feels respected and valued.

Possible Responses:

- Trust can be built
- Parent may be more likely to share which builds closer relationships
- Parent feels more self-confident
- Parent more likely to share uncertainties concerns and worries
- A parent may be more open to information on developing parent quality of care.

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**CLASS 2: CREATING
SUPPORTIVE
ENVIRONMENTS &
ROUTINES**



CLASS OBJECTIVES

Please fill in the class objectives provided in the video.



NOTES

REFLECTION 1

- **What materials in this environment support & encourage social and emotional needs of toddlers?**
- **Why do you think those materials support the emotional needs of toddlers?**
- **What materials in this environment support and encourage responsive care from adults?**
- **Why do you think those materials support and encourage peer relationships?**

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**CLASS 3: TEACHING
STRATEGIES**

CLASS OBJECTIVES

Please fill in the class objectives provided in the video.



Define



Understand



Identify

NOTES

REFLECTION 2

- How is this parent supporting the child's social emotional skills?

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**CLASS 4: CREATING
SUPPORTIVE
ENVIRONMENTS &
ROUTINES**



CLASS OBJECTIVES

Please fill in the class objectives provided in the video.



Identify



Explore

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REFLECTION 1C

- What might "acting out" behaviors look like?
- What might "withdraw" behaviors look like?
- What might be going on for Robert?

