

**SOUTH DAKOTA EARLY
CHILDHOOD ENRICHMENT
PRESCHOOL FOUNDATIONS FOR
SOCIAL WELLNESS AND
EMOTIONAL WELLNESS
SERIES WORKBOOK**



DISCLAIMER

By submitting the completed workbook for review with the associated online trainings, the SD Early Childhood Enrichment system will provide verification of completion to earn a series certificate. In order to satisfactorily complete the workbook and earn the series certificate, answers to the questions must be written in complete sentences and include reflective practices.

Below is an example of acceptable answers.

EXAMPLE

Question:

What are some differences between a cat and a fish?

Answer A-Meets expectations:

A cat lives on land, usually has fur, and has four legs. A fish lives in water, moves with its fins, and has scales.

Answer B- Does not meet expectations:

Where they live.



SIGNATURE PAGE

Program name: _____

City of program: _____

Student Signature: _____ **Date:** _____

Email: _____

Director Signature: _____ **Date:** _____

Email: _____

Workbook must be signed by the staff person and director prior to submission.

ACCESS THE TRAINING

Create Your Account

1. Navigate to traininghouse.sdstate.edu
2. In the upper right corner, click Log In or:
 - a. Click Non-SDSU users login here if you do not have an SDSU email account
 - i. Select create new account
 - ii. Fill out the required fields and select Create my new account
 - b. If you have an SDSU email account, click SDSU User Login
 - i. Fill in your firstname.lastname username and password and click login.
3. An email will be sent to the email address you listed. Check your email to find instructions to complete your new account registration. If you do not see the email, be sure to check your Spam or Junk email folder or the Other tab of your Outlook or Hotmail inbox.
 - a. If you do not receive an email, enter in the Username and Password you created and select Log in. A message will appear that you need to confirm your account. Click Resend confirmation email and search for the email again.

Register for "ECE QRIS-Preschool Focused"

1. Navigate to traininghouse.sdstate.edu
2. Select either Non-SDSU users login here or SDSU User Login, depending on what account you created.
3. Fill in your username and password and Log in.
4. Use the search bar to find the course by typing "ECE QRIS-Preschool Focused" Select the course under the search results.
5. Enter the Self enrollment key "QRIS" and click Enroll me

Access the course

1. Navigate to traininghouse.sdstate.edu
2. Select either Non-SDSU users login here or SDSU User Login, depending on what account you created.
3. Fill in your username and password and Log in.
4. Scroll down to the list of available courses and select ECE QRIS-Preschool Focused.
5. Then select Preschool Foundations for Social Wellness and Emotional Wellness.

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**CLASS 1: IMPORTANCE
OF RELATIONSHIPS**



CLASS OBJECTIVES

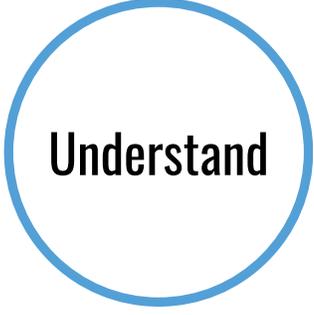
Please fill in the class objectives provided in the video.



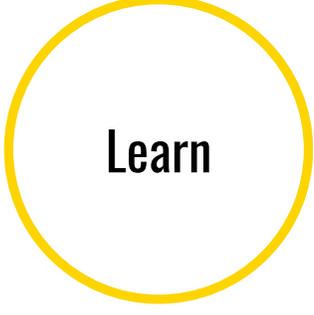
Be aware



Understand



Understand



Learn

NOTES



SOUTH DAKOTA
**EARLY
CHILDHOOD**
ENRICHMENT

REFLECTION 3

- How can you make deposits with families who are difficult to reach?
- Why are these efforts important?
 - To your instruction?
 - To the support of children with challenging behavior?
- Brainstorm a list of things you could do to strengthen these relationships.

REFLECTION 4

- How do you build relationships with your assistant teacher?
- How do you build relationships with other team members?
- What strategies might you try?
- Why is it important to have a teaching team with a good relationship?
- List 2-3 things you could do to strengthen these relationships.

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**CLASS 2: ENVIRONMENTS,
ROUTINES, AND
STRATEGIES**



CLASS OBJECTIVES

Please fill in the class objectives provided in the video.

Understand

Learn

Identify

Identify

NOTES

REFLECTION 1

- What is this environment telling children to do?

- What is this environment telling children to do?

REFLECTION 2

- What are the strengths of these two writing centers?
- What are the concerns of these two writing centers?
- Do you imagine children selecting one center versus another?
 - Why?

REFLECTION 4

Using the skills you have learned so far and based on your observations from the video, respond the following scenarios.

- You announce that it's time for centers and a girl runs to the door yelling "No! Play Out!"
 - How would you handle this situation?

- Today you have scheduled water play outside. All the children are so excited and have been anticipating the outside fun all week. But it's raining, so there will be no outside fun today.
 - How would you handle this situation?

REFLECTION 5

- Are the children engaged?
- Describe what the teacher is doing to support the children's engagement in the activity.
- What other strategies could the teacher do to keep the children even more engaged?

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**CLASS 3: TEACHING
STRATEGIES**



CLASS OBJECTIVES

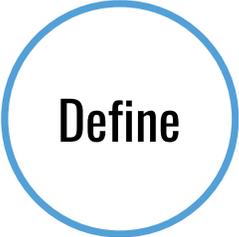
Please fill in the class objectives provided in the video.



Learn



Learn



Define



Identify

NOTES

REFLECTION 2

- Why is your best friend, a best friend?
- What are the important attributes of this person?
- Think about children who have many friends. What have you noticed about these children that makes it easier for them to make friends?

REFLECTION 4

- Every day Sheila hits her friends as they enter the room. How could the teacher respond?
- Colton tries to interact with his friends during outside play, but his peers do not seem to know what he is trying to do. How could the teacher respond?
- Ms. Sun has taught the children to share by reading them stories and doing "sharing" activities in circle time, but children are still not sharing in centers. How could the teacher respond?
- What was most impactful from this video clip?

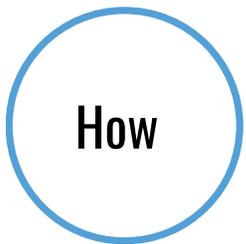
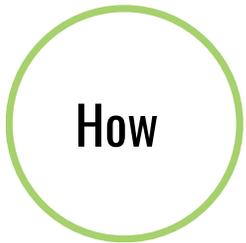
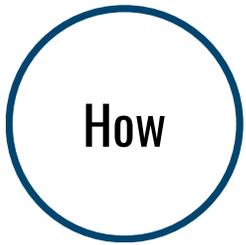
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**CLASS 4: SUPPORTING
CHILDREN'S SUCCESS**



CLASS OBJECTIVES

Please fill in the class objectives provided in the video.



NOTES

REFLECTION 6

- What can be done to prevent Jack's challenging behavior?

- What skills can we teach Jack?